



KEYNOTE SPEAKER

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Plenary 1 : May 18

**Engaging with the possible:
Supporting developmental capacity in
trauma-impacted youth**

Trauma-focused interventions often emphasize stabilization and pathology reduction, with a focus on reducing symptoms and diagnosis. This treatment focus prioritizes one of the critical impacts of trauma: the individual's ongoing lived experience of felt danger (in the world, in the body), and supports the client's capacity to build and sustain regulation. However, when support for regulation occurs in the absence of an understanding of the whole person, a second critical area of trauma impact is left out: namely, the influence of trauma on the growing child's development of core areas of competency. Put simply, treatment often focuses on resolving what was, and fails to support and explore what might be. In this presentation, we will identify critical reflective and relational capacities often impacted by trauma, and ways to support these in intervention.

Plenary 2 : May 19

**Building safer nests:
Relationship and attachment for clients,
providers, and systems of care**

Chronic trauma often takes place within the context of relationship – whether on the individual or the systemic level. Experiences of danger and stress visited by others can greatly influence all future experiences of relationship; in turn, caregivers, providers, and systems can inadvertently internalize and re-engage in stressed relationships. In this workshop, we will explore core principles of supporting attachment as identified by the Attachment, Regulation and Competency (ARC) treatment framework, and explore ways to address and embody these principles both in direct work with clients and through development of trauma-informed systems of care.