



Caregiver-Focused Interventions for Prevention of Maltreatment: An Overview of the Evidence and Applications

There is a plethora of caregiver-focused interventions which aim to address parenting difficulties and reduce emotional and behavioural challenges in children and adolescents have been reported in the literature, making it challenging to determine what works best for whom and why. The breadth of available programs can make it challenging for practitioners to discern which interventions are safe and effective for children and youth who have socioemotional and behavioural challenges and who live in families where there is risk of maltreatment or where child maltreatment has occurred. Moreover, many interventions have similar strategies and techniques, which can further add to the challenge of identifying and delivering interventions to the children, youth, and families that practitioners serve. This session will provide an overview of various caregiver-focused interventions for families where child maltreatment has occurred or there is potential risk of maltreatment. We will review program elements, core strategies and approaches, as well as some of the practical aspects of program implementation in terms of cost, training and timing. At the end of the session, we hope participants will have a sense of what evidence-based interventions exist and have the tools and knowledge moving forward to select programs that fit best with their clients and organization.



Dr. Melissa Kimber
Dr. Andrea Gonzalez

- ENGLISH PRESENTATION -

