



Trauma-Informed Approaches with Youth: State of Knowledge and Presentation of a Collaborative Study

Trauma-informed approaches (TIA) involve an awareness of the enormous impact that trauma can have on the development and functioning of individuals. This philosophy aims to shift an institution's approach to better understand how service users' prior experiences, including traumatic experiences, may explain observed behaviors and difficulties. In this workshop, a brief introduction to the key principles of TIA according to SAMHSA (201) will be provided, followed by the results of a review of the effects of TIA on the care approaches of practitioners working with youth. Facilitators and barriers to implementation will be presented, as well as implications for practice settings. Then, a case study involving a community organization working with young mothers and their infants will be presented, illustrating in particular the stages of adaptation and implementation of TIA, the preliminary effects of implementation on the attitudes of practitioners as well as the various barriers and facilitators encountered. Finally, sub-group discussions will allow for cross-fertilization of experiences with TIAs. Participants who are part of an organization that has already begun an implementation process will be encouraged to share their experience, particularly with regard to the effects of the implementation noted to date, and the barriers and facilitators encountered during the implementation and application of the TIA in their environment.



Dr. Rachel Langevin
Marie-Emma Gagné

- PRESENTATION IN FRENCH -

